

OUR MENU

Click the menu sections below to view.



CLASSICS

The 420 \$8.25

Two eggs any style, choice of meat or veggie meat, home fries, coffee and toast, bagel, biscuit or English muffin

Big Bean Breakfast \$11.75

Two small pancakes, two eggs any style, bacon, sausage, home fries, toast, coffee and a small juice

Breakfast Burrito \$8.75

Two scrambled eggs, onions, peppers, mushrooms and cheddar wrapped in a tortilla topped with fresh salsa, sour cream and avocado

****Huevos Rancheros \$8.75**

Two corn tortillas topped with black beans, cheddar cheese, fresh salsa, black olives, two over easy eggs, sour cream, and avocado

Down East French Toast \$9.25

Two slices of cinnamon swirl French toast stuffed with maple walnut cream cheese and your choice of fresh strawberry, raspberry, banana or blueberry topping

Spock \$10.00

Three scrambled eggs with peppers, onions, sausage and cheddar topped with hollandaise, a side of home fries and toast

Senor Homies \$9.25

A large order of home fries with black beans, onions, peppers, black olives, jalapeños, cheddar, fresh salsa, sour cream and avocado

****Glacier \$10.00**

Sweet potato hash over baby spinach topped with two over easy eggs served with a side of fruit

The Hippie \$9.75

French vanilla yogurt topped with homemade granola, almonds and fresh fruit

Maroney \$10.50

Quesadilla with chorizo, fresh salsa, cheddar and two scrambled eggs topped with sour cream and avocado, served with home fries

Phelps \$9.75

Buttermilk biscuit topped with homemade rosemary and veggie sausage gravy, served with two eggs any style and home fries

****Dwight \$10.50**

Two corn tortillas topped with cheddar cheese, chorizo, two over easy eggs, fresh salsa served with home fries

Wouldn't It Be Nice \$9.75

Burrito stuffed with two scrambled eggs, homemade falafel, tomato and baby spinach, served with tzatziki sauce and a side of home fries

Ridgemont \$10.75

Breakfast quesadilla with pesto goat cheese, veggie sausage, cheddar, broccoli, spinach, and two scrambled eggs, served with home fries

Add \$1 for split meals

****BENEDICTS**

Served With Homefries

Eggs Benedict \$9.25

English muffin topped with grilled ham, two poached eggs and hollandaise

Eggs Floretine \$10.25

English muffin topped with baby spinach, garlic, tomatoes, mushrooms, two poached eggs and hollandaise

The Homer \$10.25

English muffin topped with garlic and herb cream cheese, veggie bacon, baby spinach, two poached eggs and hollandaise

Irish Benny \$10.25

Buttermilk biscuit topped with hash, two poached eggs and hollandaise

The Jareth \$9.75

English muffin topped with horseradish and bacon cream cheese, sautéed mushrooms, two poached eggs and hollandaise

The Smurfette \$10.25

English muffin topped with home made basil pesto, tomato, veggie sausage, two poached eggs and hollandaise, served with home fries

The Brooke \$10.25

Grilled olive oil and garlic toast topped with goat cheese, tomato slices, two poached eggs, and basil pesto hollandaise, served with home fries

The Dusty-O \$12.25

English muffin topped with scallion cream cheese, smoked salmon, tomato, red onion, two poached eggs and hollandaise, served with home fries

BLACKBOARD SPECIALS

The Otis \$8.25

Homemade flatbread topped with rosemary garlic oil, sliced tomatoe, black olives, scrambled egg and cheddar cheese.

The Cooper \$9

Homemade flatbread topped with homemade salsa, scrambled egg and cheddar cheese topped with sour cream and avocado.

The Lisa \$9

Homemade flatbread topped with homemade pesto, scrambled egg, tomatoe slices and mozzarella.

*****Consuming raw or undercooked eggs may increase your risk of food bourne illness*****

OMELETS

Served With Homefries & Toast

The Romeo \$10.25

Three egg omelet with avocado, bacon and swiss topped with home made salsa

Veggie Omelet \$10.25

Three egg omelet with mushrooms, green peppers, onions, tomato, spinach, broccoli and choice of cheese

4 Cheese Omelet \$10.00

Three egg omelet with Swiss, provolone, American, & cheddar with your choice of meat filler

Western \$10.25

Three egg omelet with ham, green peppers, red onion and cheddar

Ghostface \$10.25

Three egg omelet stuffed with broccoli, bacon, cheddar & home fries, topped with sour cream

Yellowstone \$10.25

Three egg omelet with goat cheese, roasted red peppers, Italian sausage, and rosemary served with homefries and toast

All Omelets & Scrambles can be made with egg whites.

Substitute fresh fruit for home fries for an extra \$2.75

BREAKFAST SANDWICHES

Served on toast, English Muffin, bagel or biscuit

Egg & Cheese \$3.50

Egg Cheese and Meat \$4.50

Egg & Meat \$3.75

Lox \$7.50

Lox, cream cheese, tomato, onion, capers

Egg Cheese and Veggie Meat \$5

Egg Cheese and Choice of 1 Veggie \$4

Tomato, spinach, peppers, onion, mushroom, broccoli

Additional Veggies \$.50 Each

Add Homemade pesto, avocado, salsa or an extra egg to any sandwich for \$1 Each

CREATE YOUR OWN! (OMELET OR SCRAMBLE)

Served with toast, biscuit or English muffin - Our homemade breads include white, wheat, rye, herb parmesan, cinnamon swirl or seven grain

2 Eggs \$3.75

3 Eggs \$4.25

4 Eggs \$4.75

Veggies & Then Some \$1.00 Each

Mushrooms, green peppers, onions, tomato, garlic, broccoli, spinach, jalapeños, black olives, carrots, black beans, sour cream

Cheese \$1.25 Each

American, provolone, cheddar, swiss, mozzarella, goat cheese

Meat \$1.75 Each

Ham, bacon, sausage, hash, chorizo

Veggie Meat \$1.75 Each

Veggie bacon, veggie sausage

Gourmet Additions \$1.50 Each

Fresh salsa, hummus, avocado, hollandaise, home made basil pesto - Smoked salmon \$3.00

****JUST EGGS**

With toast, biscuit or English muffin

1 Egg \$3 - w/ meat or veggie meat \$5

2 Eggs \$3.50 - w/ meat or veggie meat \$5.50

3 Eggs \$4 - w/ meat or veggie meat \$6

Add \$1 for split meals

PANCAKES & FRENCH TOAST

1 Pancake \$4.75 - w/ fruit, nuts or chocolate chips \$7.00

2 Pancakes \$7.50 - w/ fruit, nuts or chocolate chips \$9.75

Thick Slice French toast made with Homemade bread

1 Slice \$3.75

2 Slices \$5.25

3 Slices \$6.75

4 Slices \$8.25

Top your toast for \$2

***Pancake Fillers & French Toast Toppings**

Strawberries - Blueberries - Raspberries - Bananas - Walnuts - Almonds - Chocolate Chips - Mixed Fruit - Organic NH Maple Syrup \$2.25

 **LUNCH & KIDS**

LUNCH

Sandwiches served with home fries, pita chips with hummus or seasonal side - All sandwiches are served on homemade breads or as a wrap with your choice of White, Wheat, Rye, Herb Parmesan, Cinnamon Swirl or Seven Grain

The Big Bean Club \$10

A triple-decker sandwich with tuna, ham or turkey, American cheese, bacon, lettuce, tomato and mayonnaise

Super Hummus Wrap \$9.25

Hummus, carrots, cucumber, lettuce, onion, tomato, and sprouts

The Cali \$9.50

Turkey, provolone, garlic mayonnaise, avocado, tomato and sprouts

Main Street Quesadilla \$11

Herb marinated all natural chicken, tomato, onion, garlic, spinach and cheddar topped with fresh salsa and sour cream

The Emma \$9

Bacon, lettuce, tomato, provolone and basil mayo

The Northern Spy \$10

Carved Ham, sharp cheddar, grilled apples & onions and dijon mustard

Ranch Wrap \$11

Herb marinated all natural chicken, spinach, carrots, onions, provolone and homemade ranch dressing

Tuna Melt \$9.75

Bagel, toast or English muffin topped with tuna, tomato, melted provolone, and sprouts

VBLT \$9.50

Veggie bacon, tomato, lettuce, mayonnaise, cucumber, sprouts

Chicken Caesar Wrap \$11

Grilled all natural chicken marinated in fresh herbs, romaine, home made Caesar dressing, parmesan, and tomato

Garden Salad \$8 - add natural chicken or tuna \$2.25

Caesar Salad with Chicken \$10

The Mighty Quinn \$11

Spring mix, goat cheese, maple walnuts, dried cranberries, apples, and chicken, tossed in homemade balsamic dressing

Have it as a wrap \$11

Add bacon to any sandwich for \$1.75 - Ask your server about our homemade dressings.

JUST FOR KIDS

Kids Pancake \$3 with fruit or chocolate chips \$4

2 Kids Pancakes \$5 with fruit or chocolate chips \$6

Mini Hippie \$5

french vanilla yogurt, home made granola and fruit

Kids Scramble, 1 scrambled egg, 1 slice of toast and fruit \$4.25

Kids Omelet, 1 egg omelet w/ meat & cheese filler w/ 1 slice of toast and fruit 4.95\$

Additional fillers \$.75

Grilled Cheese & side of fruit \$5

Peanut Butter & Jelly & side of fruit \$4.50



Home fries \$1.75

Ham/bacon/sausage/chorizo/hash \$3

Sweet potato hash \$3

Veggie meats \$3

Toast \$1.25

English muffin \$1.25

Buttermilk biscuit \$1.50

Bagel \$1.25

Bagel with butter \$1.75

Bagel with hummus \$1.75

Bagel with peanut butter \$1.75

Bagel with cream cheese \$2.50

Bagel with flavored cream cheese \$2.75

(Scallion, veggie, bacon horseradish, garlic & herb, maple walnut)

Oatmeal sm \$3 - lg \$4 - with fruit sm \$6 - lg \$8

Real organic maple syrup \$2

Home made muffin \$2.25

Fresh fruit \$4.50

Pita chips and hummus \$3

Seasonal side \$3

Organic "White Heron" hot tea \$2

Endless coffee mug \$2.25

Coffee to go sm \$1.75 - med \$2.25 - lg \$2.50

ice tea \$2.25 / \$2.75

ice coffee \$2.25 / \$2.75

hot chocolate \$2

juice \$2 / \$2.50

milk \$1.50 / \$2.50

1 lb. cream cheese plain \$7 - flavor \$8.50

1/2 lb. cream cheese plain \$3.50 - flavor \$4.25

Side avocado \$2

Smoked salmon \$3

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DRINKS & SMOOTHIES

SPECIALTY DRINKS

Espresso

Double shot \$1.75 - Extra shot \$.75 - Flavor shot \$.50

Americano sm \$2 / med \$2.50 / lg \$3

Latte & Cappuccino

hot small \$3 / md \$3.50 / lg \$4.25

iced small \$4 / lg \$4.50

Mocha Latte

hot small \$3.25 / md \$3.75 / lg \$4

iced small \$4 / lg \$4.50

Chai (Organic “White Heron”)

hot small \$2.50 / md \$ 3.25 / lg \$4

iced small \$3.50 / lg \$4.50

Soy Milk is available for all specialty drinks

SMOOTHIES

Small \$4.50 / Large \$5.50

Choose any combination of fruit, add your juice, blend with French vanilla yogurt!

Add a shot of Milk, Soy Milk or Peanut Butter for \$1.50

Fruits:

Strawberry, Peach, Blackberry, Blueberry, Raspberry, Mango, Banana

Juice:

Cranberry, Orange, Apple

Green Smoothie:

Peach, Mango, Banana, Spinach, Cucumber and Carrots