

the BIG BEAN

NEW MARKET NEW HAMPSHIRE

118 Main St • Newmarket NH • (603) 659-8600
 Mon - Fri 6 am - 2 pm • Sat - Sun 7 am - 2 pm

CLASSICS



The 420	\$8	Glacier	\$9.75
Two eggs any style, choice of meat or veggie meat, home fries, coffee and toast, bagel, biscuit or English muffin		Sweet potato hash over baby spinach topped with two over easy eggs served with a side of fruit	
Big Bean Breakfast	\$11.50	The Hippie	\$9.50
Two small pancakes, two eggs any style, bacon, sausage, home fries, toast, coffee and a small juice		French vanilla yogurt topped with homemade granola, almonds and fresh fruit	
Breakfast Burrito	\$8.50	Maroney	\$10.25
Two scrambled eggs, onions, peppers, mushrooms and cheddar wrapped in a tortilla topped with fresh salsa, sour cream and avocado		Quesadilla with chorizo, fresh salsa, cheddar and two scrambled eggs topped with sour cream and avocado, served with home fries	
Huevos Rancheros	\$8.50	Phelps	\$9.50
Two corn tortillas topped with black beans, cheddar cheese, fresh salsa, black olives, two over easy eggs, sour cream, and avocado		Buttermilk biscuit topped with homemade rosemary and veggie sausage gravy, served with two eggs any style and home fries	
Down East French Toast	\$9	Dwight	\$10.25
Two slices of cinnamon swirl French toast stuffed with maple walnut cream cheese and your choice of fresh strawberry, raspberry, banana or blueberry topping		Two corn tortillas topped with cheddar cheese, chorizo, two over easy eggs, fresh salsa, sour cream and avocado, served with home fries	
Spock	\$9.75	Wouldn't It Be Nice	\$9.50
Three scrambled eggs with peppers, onions, sausage and cheddar topped with hollandaise, a side of home fries and toast		Burrito stuffed with two scrambled eggs, homemade falafel, tomato and baby spinach, served with tzatziki sauce and a side of home fries	
Senor Homies	\$9	Ridgemont	\$10.50
A large order of home fries with black beans, onions, peppers, black olives, jalapeños, cheddar, fresh salsa, sour cream and avocado		Breakfast quesadilla with pesto goat cheese, veggie sausage, cheddar, broccoli, spinach, and two scrambled eggs, served with home fries	

All prices include TAX
 Add \$1 for split meals

BENEDICTS

served with home fries

Eggs Benedict \$9

English muffin topped with grilled ham, two poached eggs and hollandaise

Eggs Florentine \$10

English muffin topped with baby spinach, garlic, tomatoes, mushrooms, two poached eggs and hollandaise

The Homer \$10

English muffin topped with garlic and herb cream cheese, veggie bacon, baby spinach, two poached eggs and hollandaise

Irish Benny \$10

Buttermilk biscuit topped with hash, two poached eggs and hollandaise

The Jareth \$9.50

English muffin topped with horseradish and bacon cream cheese, sautéed mushrooms, two poached eggs and hollandaise

The Smurfette \$10

English muffin topped with home made basil pesto, tomato, veggie sausage, two poached eggs and hollandaise, served with home fries

The Brooke \$10

Grilled olive oil and garlic toast topped with goat cheese, tomato slices, two poached eggs, and basil pesto hollandaise, served with home fries

The Dusty O \$12

English muffin topped with scallion cream cheese, smoked salmon, tomato, red onion, two poached eggs and hollandaise, served with home fries

OMELETS

served with home fries & toast

The Romeo \$10

Three egg omelet with avocado, bacon and swiss topped with home made salsa

Veggie Omelet \$10

Three egg omelet with mushrooms, green peppers, onions, tomato, spinach, broccoli and choice of cheese

4 Cheese Omelet \$9.75

Three egg omelet with Swiss, provolone, American, & cheddar with your choice of meat filler

Western \$10

Three egg omelet with ham, green peppers, red onion and cheddar

Ghost Face \$10

Three egg omelet stuffed with broccoli, bacon, cheddar & home fries, topped with sour cream

Yellowstone \$10

Three egg omelet with goat cheese, roasted red peppers, Italian sausage, and rosemary served with homefries and toast

**All Omelets & Scrambles
can be made with egg whites**

**Substitute fresh fruit for home fries
for an extra \$2.75**

We recycle and compost

* We are a small establishment. Please respect our special challenges and know that larger parties may not be able to be seated together.

* Parties of five or more, no separate checks.

* Please respect those waiting for tables; when you are done enjoying your food, go enjoy the day!

BREAKFAST SANDWICHES



Served on toast, English muffin, bagel, biscuit or croissant

Egg & Cheese	\$3.50	Egg, Cheese and Veggie Meat	\$5
Egg, Cheese and Meat	\$4.50	Egg, Cheese and Choice of 1 Veggie	\$4
Egg & Meat	\$3.75	Tomato, spinach, peppers, onion, mushroom, broccoli	
LOX, cream cheese, tomato, onion, capers	\$7.50	Additional veggies are	\$1.50 Each
		Add home made pesto, avocado, salsa, or an extra egg to any sandwich for	\$1 Each

CREATE YOUR OWN! Omelet or Scramble



Served with toast, biscuit or English muffin

Our homemade breads include white, wheat, rye, herb Parmesan, cinnamon swirl or seven grain

2 Eggs.....	\$3.75	3 Eggs.....	\$4.25	4 Eggs.....	\$4.75
Veggies & Then Some		Mushrooms, green peppers, onions, tomato, garlic, broccoli, spinach, jalapeños, black olives, carrots, black beans, sour cream, hummus			\$1.75 Each
Cheese		American, provolone, Pineland Farms feta, Pineland Farms cheddar, swiss, mozzarella, goat cheese			\$1 Each
Meat		Ham, bacon, sausage, hash, chorizo			\$1.75 Each
Veggie Meat		Veggie bacon, veggie sausage			\$1.75 Each
Gourmet Additions		Fresh salsa, avocado, hollandaise, home made basil pesto			\$1 Each
		Smoked salmon	\$3.00		

JUST EGGS



With toast, biscuit, or English muffin

1 Egg.....	\$3	w/ meat or veggie meat.....	\$5
2 Eggs.....	\$3.50	w/ meat or veggie meat.....	\$5.50
3 Eggs.....	\$4	w/ meat or veggie meat.....	\$6

All prices include TAX. Add \$1 for split meals.

PANCAKES & FRENCH TOAST



1 Pancake.....	\$4.50	with fruit, nuts or chocolate chips.....	\$6.25
2 Pancakes.....	\$7.25	with fruit, nuts or chocolate chips.....	\$8.25

Thick Slice French toast made with Home made bread

1 Slice.....	\$3.75	3 Slices.....	\$6.75
2 Slices.....	\$5.25	4 Slices.....	\$8.25

Top your toast for \$2

Pancake & French Toast Toppings

Strawberries • Blueberries • Raspberries • Bananas
Walnuts • Almonds • Chocolate Chips • Mixed Fruit
Organic NH Maple Syrup \$2.00

LUNCH



Sandwiches served with home fries, pita chips with hummus or seasonal side

All sandwiches are served on homemade breads or as a wrap

Your choice of white, wheat, rye, herb Parmesan, cinnamon swirl or seven grain

The Big Bean Club \$9.50

A triple-decker sandwich with tuna, ham or turkey, American cheese, bacon, lettuce, tomato and mayonnaise

Super Hummus Wrap \$8.50

Hummus, carrots, cucumber, lettuce, onion, tomato, and sprouts

The Cali \$9.50

Turkey, provolone, garlic mayonnaise, avocado, tomato and sprouts

Main Street Quesadilla \$10.75

Herb marinated all natural chicken, tomato, onion, garlic, spinach and cheddar topped with fresh salsa and sour cream

The Emma \$8.25

Bacon, lettuce, tomato, provolone and basil mayo

The Northern Spy \$9.25

Carved Ham, apples, sharp cheddar, grilled onions and dijon mustard

Ranch Wrap \$10

Herb marinated all natural chicken, spinach, carrots, onions, provolone and homemade ranch dressing

Tuna Melt \$9.50

Bagel, toast or English muffin topped with tuna, tomato, melted provolone, and sprouts

VBLT \$9.25

Veggie bacon, tomato, lettuce, mayonnaise, cucumber, sprouts

Chicken Caesar Wrap \$10

Grilled all natural chicken marinated in fresh herbs, romaine, home made Caesar dressing, parmesan, and tomato

Garden Salad \$7.25

add all natural chicken or tuna \$2.25

Caesar Salad with Chicken \$9

The Mighty Quinn \$9.50

Spring mix, goat cheese, maple walnuts, dried cranberries, apples, and chicken, tossed in homemade balsamic dressing

*Add bacon to any sandwich for \$1.75

Ask your server about our homemade dressings
All prices include TAX

JUST FOR KIDS



Kids Pancake \$2.50

with fruit or chocolate chips \$3.25

2 Kids Pancakes \$4.25

with fruit or chocolate chips \$5.75

Mini Hippie \$5

french vanilla yogurt, home made granola and fruit

1 scrambled egg, 1 slice of toast & fruit \$4.25

1 egg omelet w/ meat & cheese filler \$4.50
w/ toast & fruit

Additional fillers \$0.75

Grilled Cheese & side of fruit \$5

Peanut Butter & Jelly & side of fruit \$4.50

SIDES & SUCH

Home fries	\$1.75
Ham/bacon/sausage/chorizo/hash	\$3
Sweet potato hash	\$3
Veggie meats	\$3
Toast	\$1.25
English muffin	\$1.25
Buttermilk biscuit	\$1.50
Bagel	\$1.25
Bagel with butter	\$1.75
Bagel with hummus	\$1.75
Bagel with peanut butter	\$1.75
Bagel with cream cheese	\$2.50
Bagel with flavored cream cheese	\$2.75
<small>(Scallion, veggie, bacon horseradish, garlic & herb, maple walnut)</small>	
Oatmeal sm \$3 lg \$4 with fruit sm \$6 lg \$8	
Real organic maple syrup	\$2
Home made muffin	\$2.25
Fresh fruit	\$4.50
Pita chips and hummus	\$3
Seasonal side	\$3
Organic "White Heron" hot tea	\$2
Endless coffee mug	\$2.25
Coffee to go sm \$1.50 med \$2 lg \$2.25	
ice tea	\$2.25 / \$2.75
ice coffee	\$2.25 / \$2.75
hot chocolate	\$2
juice	\$2 / \$2.50
milk	\$1.50 / \$2.50
1 lb. cream cheese plain \$7 flavor \$8.50	
1/2 lb. cream cheese plain \$3.50 flavor \$4.25	
Side avocado	\$2
Smoked salmon	\$3

All prices include TAX

***consuming raw or undercooked eggs may increase your risk of food borne illness*

Specialty Drinks

Espresso

Double shot	\$1.75	Flavor shot	\$.50
Extra shot	\$.75		
Americano	sm \$2 med \$2.50 lg \$3		

Latte & Cappuccino

hot small	\$3	iced small	\$3.75
hot medium	\$3.50	iced large	\$4.25
hot large	\$4		

Mocha Latte

hot small	\$3.25	iced small	\$4
hot medium	\$3.75	iced large	\$4.50
hot large	\$4.25		

Chai

		Organic "White Heron"	
hot small	\$2.50	iced small	\$3.50
hot medium	\$3.25	iced large	\$4.50
hot large	\$4		

Soy Milk is available for all specialty drinks

Smoothies

Small \$4 / Large \$5

Choose any combination of fruit, add your juice, blend with French vanilla yogurt!

Fruits

Strawberry, Peach, Pineapple, Blackberry, Blueberry, Raspberry, Mango, Banana

Juice

Cranberry, Orange, Apple

Check us out at www.thebigbeancafe.com and on Facebook at The Big Bean, Newmarket, NH